

# Outdoor Activities



Girls told us that outdoor activities are some of their fondest memories of their time at Girl Guides. This simple activity is a great way to learn what outdoor activities interest your unit.

## Step 1

Brainstorm with your unit what types of seasonal activities they want to try. Here are some ideas to get you started.



### Fall

- Apple picking
- Farm visit
- Hiking
- Low ropes
- Geocaching



### Winter

- Ice skating
- Snowshoeing
- Shelter building
- Sledding/tobogganing
- Winter tree ID walk



### Spring

- Frisbee golf
- Birding
- Pond dipping
- Outdoor crafts
- Wildflower walk

## Step 2

Try this easy activity to learn what outdoor activity your unit wants to try.

### Activity: Dotmocracy

Print and post a copy of the second page. Hand out a bunch of stickers and use the prompts below to invite the girls in your unit to have their say by stickering the activity types they'd like to try. Here are some tips:

- ★ For younger branches: Which activities are new to you? Look for gaps and try something new. Younger members may not have experienced all these activity types, so asking them for only their favourites might mean they overlook something they would love.
- ★ For older branches: Which activities are you most excited to do this year? Feeling restless? Make one end of the room "really like," one end "really dislike," and the middle "meh." Call out the different activity types and have members move around the room to vote.
- ★ Want more? As a unit, make a plan for how you can get outdoors as a unit each season.

# Have your say!



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